



# Safety Council of Southwestern Ohio

*think safe · work safe · play safe · LIVE safe*

## road safety check-in

IT'S OUR RESPONSIBILITY TO SAFELY SHARE  
THE ROAD WITH OTHERS

### As a Driver

- Don't text and drive... *cell phone use while driving leads to 1.6 million crashes each year*
- Don't drive impaired... *alcohol, over-the-counter medicines, and even some prescriptions can impair your judgement and motor skills*
- Slow down when turning or entering a crosswalk... *pedestrians have the right of way in Ohio when traffic controls are not in place*
- Allow for a safe driving distance between yourself and the car in front of you... *this equals about 1 second for every 10 mph*
- Use caution when changing lanes... *cutting someone off may result in a crash*
- Participate in a defensive driving course... *some insurance agencies offer discounts for successful completion*

### As a Passenger

- Assist the driver when giving directions... *this can help them stay focused on the road*
- Limit being a distraction to the driver... *help remove distractions by answering the phone and assisting child passengers*
- Place children in the rear seats of a vehicle and in a booster or car seat when appropriate... *they have the best size seat belts for their age*

## ALWAYS BUCKLE UP

*Make sure all passengers are securely fastened... wearing a seat belt properly can be a lifesaving device in a crash*

### As a Pedestrian

- Always walk on the sidewalk... *if unavailable, walk facing traffic and as far off the road as possible*
- Keep alert at all times... *don't assume a driver sees you*

### As a Cyclist

- Wear a helmet and appropriate protective gear... *bright clothing can increase your visibility and safety equipment can save your life in a crash*
- Make eye contact with a driver when a potentially dangerous situation might ensue... *ride with traffic and make sure you are as visible as possible*

REDUCE YOUR RISKS, LIVE LONGER