

March 2020

The Safety Scoop

A publication of the Safety Council of Southwestern Ohio to save lives and prevent injury through education and partnerships.

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Coronavirus Ripples Across America's Workforce

Employers and employees across the U.S. are confronting how to navigate the rapid spread of the coronavirus and the potential to close workplaces if not contained.



OSHA Publishes Coronavirus Guide for Workplaces

According to the U.S. Centers for Disease Control and Prevention (CDC), "There is no evidence of widespread transmission of COVID-19 in the United States at this time. Without sustained human-to-human transmission, most American workers are not at significant risk of infection. Exposure risk may be elevated for some workers who interact with potentially infected travelers from abroad, including those involved in:

- Healthcare
- Deathcare
- Laboratories
- Airline operations
- Border protection
- Solid waste and wastewater management
- Travel to areas, including parts of China, where the virus is spreading"

The Occupational Health and Safety Administration (OSHA) has released its [Guidance on Preparing Workplaces for COVID-19](#) in order to assist organizations with emergency management plans following the widespread virus outbreak in the United States.

The document, which was developed in conjunction with the U.S. Department of Health & Human Services (HHS), provides recommendations regarding safe work practices and personal protective equipment based on different levels of exposure and other risk factors.

[continue reading here](#)

**Try These Creative Ways to Help You
Unplug and Recharge Before Bed**



Your phone is a repository of your to-do lists, inboxes, projects, and problems. And needless to say, scrolling and tapping late at night can keep your mind buzzing with all those problems when you're supposed to be winding down. That's why making the effort to disconnect from your screens before bed can help you sleep better, reconnect to your inner selves, and

wake up more recharged.

From setting a bedtime alarm to keeping your phone in a basket, these strategies will help you disconnect from screens, and wake up feeling rested and refreshed.

Creative Ways to Unplug



Next Monthly Occupational Safety Meeting:
 Wednesday, March 25, noon
 Central Connections
Topic: Call Before You Dig

The March meeting has been canceled as directed by State of Ohio BWC, CDC, and state government officials in response to the Coronavirus COVID-19 outbreak. The health and safety of our members is our top priority. We will keep you advised of the status of the April meeting and safety awards banquet.

Monthly meetings host speakers on a wide variety of topics that will help employers reduce injuries and illness in the workplace. Network with other safety professionals and always have access to Bureau of Worker's Compensation staff. Meetings are open to members, prospective/future members, and non-members (all are welcome).

[2020 Occupational Safety Meeting List](#)

Join us for a fun, free, and family-friendly game night. Bring your friends and family for a fun, relaxing evening of classic board games, card games, checkers, Scrabble, and others.

We'll have snacks, prizes, and more! Game Night is free and open to the public, no tickets required! We look forward to seeing you there.

Tuesday, March 10
6:30 - 8:30 p.m.

Middletown Community Building Institute (CBI)
800 Lafayette Ave.

Tuesday, March 24
6:30 - 8:30 p.m.

Yankee Road Church of God
3029 Yankee Rd.



April Dates are scheduled for:
 Monday, April 13 at Hope House Mission
 Tuesday, April 14 at CBI
 Monday, April 27 at Hope House Mission

Know anyone interested in hosting an event for a future date? Please contact Benedict Njoku at benedict@safetycouncilswohio.org

The Coalition for a Healthy Middletown works to provide knowledge and skills to increase the number of those parenting for prevention. All parents and guardians are encouraged to sign up and be in the KNOW.

In the News



[Butler Tech teens creating door displays to raise safe driving awareness!](#)

Our Project Ignition Butler Tech team led the way for the school to use their classroom doors as creative ways to share traffic safety messaging.

Want to be a part of our Traffic Safety Coalition? Contact Carol Lucio at Carol@safetycouncilswohio.org

Did you catch the Fox19Now News coverage of the Butler Tech student efforts? It was also picked up by MSN: [Project Ignition Encourages Butler Tech Students to Put Down Their Phones](#)